

# Getting Upstairs

**Style:** Headington (Cotswold) **Tune:** *Getting Upstairs* **Dancers:** 6 **Hankies:** bagged **Stepping:** Headington double-steps, cross-backs, foot-together-jump **Source:** traditional **Chorus:** 2 plain capers ("crossback" hankies), double-step, 2 plain capers ("crossback" hankies), double-step, half-hey. Repeat. **Sequence:** foot up & up, chorus, crossover, chorus, back-to-back, chorus & all in

- [dances:headington:1\\_getting\\_upstairs.abc](#)
- [dances:headington:1\\_getting\\_upstairs.mid](#)
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## Getting Upstairs

*traditional (English)*

♩ = 116  
A.(AB)4

4 B

8

```
X:1
T:Getting Upstairs
C:traditional
M:C
L:1/8
S:Bacon
A:Headington
O:English
R:Reel
K:G major
P:A. (AB)4
Q:116
%%MIDI channel 1
%%MIDI control 7 100      % volume = 100
%%MIDI program 41        % General MIDI violin
%%MIDI transpose 0
%%MIDI gchordoff
```

P:A

| : dc | B2 G2 D2 G2 | FGAB c2 dc | B2 G2 D2 G2 | FGAF G2 : |

P:B

| : z2 | B3 c d2 G2 | B2 c2 d2 G2 | e3 d c2 B2 | A2 B2 c2 dc |  
B2 G2 D2 G2 | FGAB c2 dc | B2 G2 D2 G2 | FGAF G2 : |

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