

**Tune:** *The Keel Row* (MP3 played by Jeff Bigler) **Set:** 8 dancers; 28 ¼" (medium) sticks; skipping (single steps) **Source:** Nick Beck of the **Ironmen** **Chorus:** H-L-H-L-H-L-FBF (all but last FBF while stepping)  
**Figures:** forearm swings, star, casting (mirror) hey, motorcycle hey, casting hey, star, forearm swings, final chorus speeding up and ending with one dancer chasing the other off

From:

<https://wiki.redherringmorris.com/> - **Red Herring Morris Wiki**

Permanent link:

<https://wiki.redherringmorris.com/doku.php?id=dances:borde:woodhouse-bog-description>

Last update: **2022/06/28 12:41**

