

Through & Throw

This a 1½-length figure that requires 12 bars of music. Dancers start facing into the center.

Bars 1-2: The “first triangle” (dancers #1, #4 and #5) dance *clockwise* to the next first-triangle position, with all three dancers clashing with each other in the center on the second half of bar #1 as they pass through. Meanwhile, the “second triangle” (dancers #2, #3 and #6) toss counter-clockwise (also on the second half of bar #1) around their triangle.

Bars 3-4: Repeat, with first triangle tossing and second triangle dancing through.

Repeat bars 1-4 twice for bars 5-8 & bars 9-12.

At the end of the figure, dancers are back in their home positions.

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